

# Share The Wealth by Chris Gupta

Self-Sufficiency Is The Key To Empowerment And Freedom

September 15, 2005

## Magnesium Chloride In Acute And Chronic Diseases

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..."The opposition was total: Professors of Medicine, Medical Peer-Reviews, the Academy itself, all were against the two doctors. "Official Medicine" saw in Magnesium Chloride Therapy a threat to its new and growing business: vaccinations."...

See also: [Magnesium: Research Misconduct?](http://www.newmediaexplorer.org/chris/2003/06/02/magnesium_research_misconduct.htm)

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Here is another under used mineral. Like [Vitamin C](http://www.newmediaexplorer.org/chris/2005/09/14/the_stonewalling_of_vitamin_c.htm)

[http://www.newmediaexplorer.org/chris/2005/09/14/the\\_stonewalling\\_of\\_vitamin\\_c.htm](http://www.newmediaexplorer.org/chris/2005/09/14/the_stonewalling_of_vitamin_c.htm) , it is nearly miraculous for the depth and scope of it's application.

The comparison between to two is uncanny imagine what they could do combined?

Both these supplements were (and are) able to cure polio but ran up against the vaccine racket.

Some other benefits are:

..."Many of the symptoms of Parkinson's disease can be overcome with high magnesium supplementation...."

...In a trial with 30 epileptics 450 mg of magnesium supplied daily successfully controlled seizures. Another study found that the lower the magnesium blood levels the more severe was the epilepsy. In most cases magnesium works best in combination with vitamin B6 and zinc...

....Countries with the highest calcium to magnesium ratios (high calcium and low magnesium levels) in soil and water have the highest incidence of cardiovascular disease. At the top of the list is Australia....

See also: [Orthomolecular Solutions to Heart Disease](http://www.newmediaexplorer.org/chris/2003/06/03/orthomolecular_solutions_to_heart_disease.htm)

[http://www.newmediaexplorer.org/chris/2003/06/03/orthomolecular\\_solutions\\_to\\_heart\\_disease.htm](http://www.newmediaexplorer.org/chris/2003/06/03/orthomolecular_solutions_to_heart_disease.htm)

...In an American study the death rate due to diabetes was four times higher in areas with low magnesium water levels as compared to areas with high levels of magnesium in the water....

...In a New Zealand study it was found that caries-resistant teeth had on average twice the amount of magnesium as caries-prone teeth....

....Many studies have shown an increased cancer rate in regions with low magnesium levels in soil and drinking water. In Egypt the cancer rate was only about 10% of that in Europe and America. In the rural fellah it was practically non-existent. The main difference was an extremely high magnesium intake of 2.5 to 3 g in these cancer-free populations, ten times more than in most western countries.

See also:

[Magnesium Chloride - Effective In Treating Urinary Troubles Of Prostate](http://www.newmediaexplorer.org/chris/2005/09/21/magnesium_chloride_effective_in_treating_urinary_troubles_of_prostate.htm)

[http://www.newmediaexplorer.org/chris/2005/09/21/magnesium\\_chloride\\_effective\\_in\\_treating\\_urinary\\_troubles\\_of\\_prostate.htm](http://www.newmediaexplorer.org/chris/2005/09/21/magnesium_chloride_effective_in_treating_urinary_troubles_of_prostate.htm)

[Recent Research Shows Intravenous C Can be Effective Against Some Cancers \(http://www.orthomed.com/cancer.htm\)](http://www.orthomed.com/cancer.htm)

### Q Why Magnesium Chloride?

...."both magnesium as well as chloride have other important functions in keeping us young and healthy. Chloride, of course, is required to produce a large quantity of gastric acid each day and is also needed to stimulate starch-digesting enzymes. Magnesium is the mineral of rejuvenation and prevents the calcification of our organs and tissues that is characteristic of the old-age related degeneration of our body.

Using other magnesium salts is less advantageous because these have to be converted into chlorides in the body anyway. We may use magnesium as oxide or carbonate but then we need to produce additional hydrochloric acid to absorb them. Many aging individuals, especially with chronic diseases who desperately need more magnesium cannot produce sufficient hydrochloric acid and then cannot absorb the oxide or carbonate. Epsom salt is magnesium sulphate. It is soluble but not well absorbed and acts mainly as a laxative. Chelated magnesium is well absorbed but much more expensive and lacks the beneficial contribution of the chloride ions. Orotates are good but very expensive for the amount of magnesium that they provide and both orotates and chelates seem to lack the infection-fighting potential of the magnesium chloride."....

See Walter Last's [MAGNESIUM CHLORIDE for Health & Rejuvenation](#) (<http://users.mrbean.net.au/~wlast/magnesiumchloride.html>) for much expanded review of this miracle mineral.

Unfortunately, a more detailed book, on how to exploit magnesium's properties to prevent and treat various condition, [CURARSI CON IL MAGNESIO](#) (<http://www.red-edizioni.it/schedalibro.html?code=88-7447-051-7>) (HOW TO CURE WITH MAGNESIUM) by R. Vergini is only available in Italian, French and Spanish. If there is a reader who should like to translate this in English they can go to the [foreign translations and rights page here](#) (<http://www.red-edizioni.it/foreign.html>) with email address of the woman managing them.

*Chris Gupta*  
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## MAGNESIUM CHLORIDE IN ACUTE AND CHRONIC DISEASES



Raul Vergini, MD

Back in 1915, a French surgeon, Prof. Pierre Delbet, MD, was looking for a solution to cleanse wounds, because he had found out that the traditional antiseptic solutions actually mortified tissues and facilitated the infection instead of preventing it.

Q

He tested several mineral solutions and discovered that a Magnesium Chloride solution was not only harmless for tissues, but it had also a great effect over leucocytic activity and phagocytosis; so it was perfect for external wounds treatment.

Dr. Delbet performed a lot of "in vitro" and "in vivo" experiments with this solution and he became aware that it was good not only for external applications, but it was also a powerful immuno-stimulant if taken by injections or even by mouth. He called this effect "cytophilaxis". In some "in vivo" experiments it was able to increase phagocytosis rate up to 300%.

Dr. Delbet serendipitously discovered that this oral solution had also a tonic effect on many people and so became aware that the Magnesium Chloride had an effect on the whole organism. In a brief time, he received communications of very good therapeutic effects of this "therapy" from people that were taking Magnesium Chloride for its tonic properties and who were suffering from various ailments. Prof. Delbet began to closely study the subject and verified that the Magnesium Chloride solution was a very good therapy for a long list of diseases.

He obtained very good results in: colitis, angiocholitis and cholecystitis in the digestive apparatus; Parkinson's Disease, senile tremors and muscular cramps in the nervous system; acne, eczema, psoriasis, warts, itch of various origins and chilblains in the skin.

There was a strengthening of hair and nails, a good effect on diseases typical of the aged (impotency, prostatic hypertrophy, cerebral and circulatory troubles), and on diseases of allergic origin (hay-fever, asthma, urticaria and anaphylactic reactions).

Then Prof. Delbet began to investigate the relationship between Magnesium and Cancer. After a lot of clinical and experimental studies, he found that Magnesium Chloride had a very good effect on prevention of cancer and that it was able to cure several precancerous conditions: leucoplasia, hyperkeratosis, chronic mastitis, etc.

Epidemiological studies confirmed Delbet's views and demonstrated that the regions with soil more rich in magnesium had less cancer incidence, and vice versa.

In experimental studies, the Magnesium Chloride solution was also able to slow down the course of cancer in laboratory animals. Prof. Delbet wrote two books, "Politique Preventive du Cancer" (1944) and "L'Agriculture et la Santé" (1945), in which he stated his ideas about cancer prevention and better living. The first is a well documented report of all his studies on Magnesium Chloride.

In 1943 another French doctor, A. Neveu, MD, used the Magnesium Chloride solution in a case of diphtheria to reduce the risks of anaphylactic reaction due to the anti-diphtheric serum that he was ready to administer. To his great surprise, when the next day the laboratory results confirmed the diagnosis of diphtheria, the little girl was completely cured, before he could use the serum.

He credited the immuno-stimulant activity to the solution for this result, and he tested it in some other diphtheric patients. All the patients were cured in a very short time (24-48 hours), with no after-effects.

As Magnesium Chloride has no direct effect on bacteria (i.e. it is not an antibiotic), Neveu thought that its action was aspecific, immuno-enhancing, so it could be useful, in the same manner, also against viral diseases. So he began to treat some cases of poliomyelitis, and had the same wonderful results.

He was very excited and tried to divulge the therapy, but he ran into a wall of hostility and obstructionism from "Official Medicine". Neither Neveu or Delbet (who was a member of the Academy of Medicine) was able to diffuse Neveu's extraordinary results.

The opposition was total: Professors of Medicine, Medical Peer-Reviews, the Academy itself, all were against the two doctors. "Official Medicine" saw in Magnesium Chloride Therapy a threat to its new and growing business: vaccinations.

Dr. Neveu wasn't discouraged by this and continued to test this therapy in a wide range of diseases. He obtained very good results in: pharyngitis, tonsillitis, hoarseness, common cold, influenza, asthma, bronchitis, broncho-pneumonia, pulmonary emphysema, "children diseases" (whooping-cough, measles, rubella, mumps, scarlet fever...), alimentary and professional poisonings, gastroenteritis, boils, abscesses, erysipelas, whitlow, septic pricks (wounds), puerperal fever and osteomyelitis.

But the indications for Magnesium Chloride therapy don't end here. In more recent years other physicians (and I among these) have verified many of Delbet's and Neveu's applications and have tried the therapy in other pathologies: asthmatic acute attack, shock, tetanus (for these the solution is administered by intravenous injection); herpes zoster, acute and chronic conjunctivitis, optic neuritis, rheumatic diseases, many allergic diseases, spring-asthenia and Chronic Fatigue Syndrome (even in cancer it can be a useful adjuvant).

The preceding lists of ailments are by no means exhaustive; maybe other illnesses can be treated with this therapy but, as this is a relatively "young" treatment, we are pioneers, and we need the help of all physicians of good will to definitely establish all the true possibilities of this wonderful therapy.

From a practical standpoint, please remember that only Magnesium CHLORIDE has this "cytophilactic" activity, and no other magnesium salt; probably it's a molecular, and not a merely ionic, matter.

The solution to be used is a 2.5% Magnesium Chloride hexahydrate ( $MgCl_2 \cdot 6H_2O$ ) solution (i.e.: 25 grams/1 liter of water). Dosages are as follows:

- Adults and children over 5 years old.....125 cc
- 4 year old children.....100 cc
- 3 year old children.....80 cc
- 1-2 year old children.....60 cc
- over 6 months old children..... 30 cc
- under 6 months old children.....15 cc

These doses must be administered BY MOUTH. The only contraindication to Magnesium Chloride Therapy is a severe renal insufficiency\*.

As the magnesium chloride has a mild laxative effect, diarrhea sometimes appears on the first days of therapy, especially when high dosages (i.e. three doses a day) are taken; but this is not a reason to stop the therapy.

The taste of the solution is not very good (it has a bitter-saltish flavor) so a little fruit juice (grapefruit, orange, lemon) can be added to the solution, or it can be even used in the place of water to make the solution itself. Grapefruit juice masks the bitter taste very well (especially if cold).

For CHRONIC diseases the standard treatment is one dose morning and evening for a long period (several months at least, but it can be continued for years).

In ACUTE diseases the dose is administered every 6 hours (every 3 hours the first two doses if the case is serious); then space every 8 hours and then 12 hours as improvement goes on. After recovery it's better going on with a dose every 12 hours for some days.

As a PREVENTIVE measure, and as a magnesium supplement, one dose a day can be taken indefinitely. Magnesium Chloride, even if it's an inorganic salt, is very well absorbed and it's a very good supplemental magnesium source.

For INTRAVENOUS injection, the formula is:

- Magnesium Chloride hexahydrate.....25 grams
- Distilled Water.....100 cc

Make injections of 10-20cc (very slowly, over 10-20 minutes) once or twice a day. Of course the solution must be sterilized.

This therapy gives very good results also in Veterinary Medicine, at the appropriate dosages depending upon the size and kind of animals.

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*Raul Vergini*, MD  $\bar{A}$ – Italy  $\bar{A}$ – author of: "Curarsi con il Magnesio" Red Edizioni -Italy 1994 (book translated in french and spanish but not in english, sorry).

\*Dr. Raul Vergini says, that "this is true only for severe renal insufficiency," where an obvious contraindication may exist; but this is also true for all minerals, that cannot be easily eliminated by a seriously impaired kidney. In all other cases, there are no risks. I never heard or read of any problem. The quantity of elemental magnesium contained in a 125 cc dose of the 2.5% solution is around 500 mg. That is not a large dose! Anyway, I think that it is a good precaution to advise people with problems to consult their physician."

Addendum:

According to Raul Vergini, M.D., the 25% solution for IV injections is correct. Personally I never use it, I use only the oral way. But it was used over thirty years ago by some French doctors (5 grams in 20 ml of saline solution of distilled water) to treat tetanus and other less dangerous diseases (asthmatic attacks, choc, ophthalmic herpes, herpes zoster, Quincke's oedema, itching, etc.). It was injected very slowly (in 10-20 minutes), and the results were very good.

"Moreover also the Myers' cocktail contains 2-5 ml of a 20% solution of magnesium chloride (along with other products that may contribute to make the solution more diluted). However, I think that if there are problems of 'burning' with the 25% concentration, it should be possible to use, with the same results, a 2.5% solution (the same used by mouth) by dissolving 5 grams of magnesium chloride in 200 ml of distilled water. The solution must be sterilized.

"The intramuscular way is not used because the solution is painful."

[In the United States, Magnesium Chloride hexahydrate can be purchased chemically pure (c.p.) from most chemical supply houses without a prescription: Ed.]

A similar [pdf copy is here \(http://www.arthritis-trust.org/Articles/Magnesium%20Chloride%20Hexahydrate%20Therapy.pdf\)](http://www.arthritis-trust.org/Articles/Magnesium%20Chloride%20Hexahydrate%20Therapy.pdf).

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... "Around 1942 Klenner's wife suffered bleeding gums and her dentist recommended pulling out all her teeth. Dr. Klenner thought that solution too Draconian and remembered reading about research using vitamin C to cure chimpanzees with a similar problem. He gave her several injections of the vitamin and the bleeding stopped. Soon, after, this dramatic result encouraged him to try vitamin C on an obstinate man who was near death from... [read more \(http://www.newmediaexplorer.org/chris/2005/09/14/the\\_stonewalling\\_of\\_vitamin\\_c.htm\)](http://www.newmediaexplorer.org/chris/2005/09/14/the_stonewalling_of_vitamin_c.htm) ]

**September 14, 2005** - Chris Gupta

[Orthomolecular Solutions to Heart Disease](http://www.newmediaexplorer.org/chris/2003/06/03/orthomolecular_solutions_to_heart_disease.htm)

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The following simple solution to prevent heart disease is currently ignored in favour of paradigm of more invasive and lucrative disease management. Studying the the data below, one could conclude that the eradication of the this disease has been known for some time but is simply being ignored. This is an update to a note I sent to a number of people who wanted to know about some inexpensive non... [read more \(http://www.newmediaexplorer.org/chris/2003/06/03/orthomolecular\\_solutions\\_to\\_heart\\_disease.htm\)](http://www.newmediaexplorer.org/chris/2003/06/03/orthomolecular_solutions_to_heart_disease.htm) ]

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**June 03, 2003** - Chris Gupta

[Magnesium: Research Misconduct? \(http://www.newmediaexplorer.org/chris/2005/10/23/magnesium\\_research\\_misconduct.htm\)](http://www.newmediaexplorer.org/chris/2005/10/23/magnesium_research_misconduct.htm)

Here is another example of how systematically - the pharmaceuticals manipulate safe and cost effective solutions and put us at risk and all the time extolling their self serving concern for the patient. Just one, of far too many, examples of this sort of thing happening time after time. Its sad to see how the researchers get sucked into these! This is an update that includes links and error corrections.... [read more \(http://www.newmediaexplorer.org/chris/2005/10/23/magnesium\\_research\\_misconduct.htm\)](http://www.newmediaexplorer.org/chris/2005/10/23/magnesium_research_misconduct.htm) ]

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**October 23, 2005** - Chris Gupta

[Aspirin - The Bitter Pill That Kills \(http://www.newmediaexplorer.org/chris/2003/06/04/aspirin\\_the\\_bitter\\_pill\\_that\\_kills.htm\)](http://www.newmediaexplorer.org/chris/2003/06/04/aspirin_the_bitter_pill_that_kills.htm)

Bob Regarding the May 31st. 2005 Quirks and Quarks Science program on Aspirin was interesting, however, statements such as quoted below sounded more like an advatorial. "Now, imagine taking this pill daily to prevent cancer and Alzheimer's disease. A growing number of studies suggest that regularly popping an aspirin or other similar anti-inflammatory drugs can reduce your risk of these diseases by 30 to 40 percent." Wow! What they don't... [read more \(http://www.newmediaexplorer.org/chris/2003/06/04/aspirin\\_the\\_bitter\\_pill\\_that\\_kills.htm\)](http://www.newmediaexplorer.org/chris/2003/06/04/aspirin_the_bitter_pill_that_kills.htm) ]

**June 04, 2003** - Chris Gupta

A Person Is Only As Valuable As She Can Be Of Help To Others



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*Be sure to consult your health practitioner of choice prior to any specific use of any of the non drug device or food based medicinal products referenced herein.*