

# The Best Control II

## An Encyclopedia of Integrated Pest Management

by Stephen L Tvedten  
[www.stephentvedten.com](http://www.stephentvedten.com)

Reviewed by Gordon D McHendry  
Founder & Campaign Coordinator  
MCS-International.Org

“The Best Control II” is a comprehensive encyclopedia of environmentally responsible methods of safe pest control management. It is comprised of 40 well researched and well illustrated chapters. These begin with “Earth Day”; a thought provoking and at times quite harrowing overview of the devastating effect that toxic synthetic chemicals are having on us, our children, and our environment - and end with the chapter “Detoxification” which is, without the slightest exaggeration, a chapter that could quite literally save your life!

In between those two excellent chapters – “Earth Day” and “Detoxification” - you are walked through all the important background material in a logical and easy to understand way. Integrated Pest Management itself is explained, followed by chapters on inspecting, locating, monitoring and even preventing the problematic “pests” from bothering you in the first place.

Relevant laws and regulations get their own chapter and you are treated to a powerful, passionate and courageous chapter on “who’s who” in the chemical industry. As an example of Mr Tvedten’s pull-no-punches passion for his subject matter I offer the following: “These makers of poisons are not “guardians” of the environment. They are the **destroyers** of the environment - they are not in the “chemical or health” industry - they are in the **death or poison “industry”!**

Then comes the real meat of the matter: chapter after chapter on the actual practical business of applying the many tried and tested “safe solutions” for dealing with every kind of pest control problem you are ever likely to encounter. Ants, bees, book lice, bugs, caterpillar's, crickets, flies, fleas, mites, mosquito's, roaches, scorpions, spiders and ticks. Molds and fungi are also covered. Bats and birds too! In short – probably everything you need to know is already right there. In the unlikely event that it isn't... then just hold on a bit...

This encyclopedic work - comprehensive as it already is – is not set in tablets of stone. Mr Tvedten generously intends to go on updating it as and when necessary giving us the ongoing gift of an evolving body of knowledge and expertise. In the chapter “Detoxification”, which I particularly appreciated, I would very much like to see the recommendation “no heavy use of sweeteners” upgraded during some future update to take account of the difference between natural sweeteners like Stevia and Xylitol and the neurotoxic artificial sweetener aspartame (by whatever name – and there are many). This, I think, is a distinction well worth the making.

In Chapter 5 of this outstanding – and free - encyclopedia of environmentally responsible pest control management strategies, Mr Tvedten wisely says: “The most needed and reliable tool of all pest management is the brain”. Amen to that Mr T.

So, how will you, dear reader, use your brain next time you have a “pest control” problem to solve? Will you use it – as sadly many lost in ignorance or apathy still do - in such a way as to become (or remain) a toxin spreading “pest” yourself? Or will you use it to choose to employ the free and “safe” knowledge gifted to you by “the best bugman in the business” – Stephen L Tvedten. The Best Control II is all you need folks. Go get your free copy now. The planet and everything on it will thank you deeply for it.